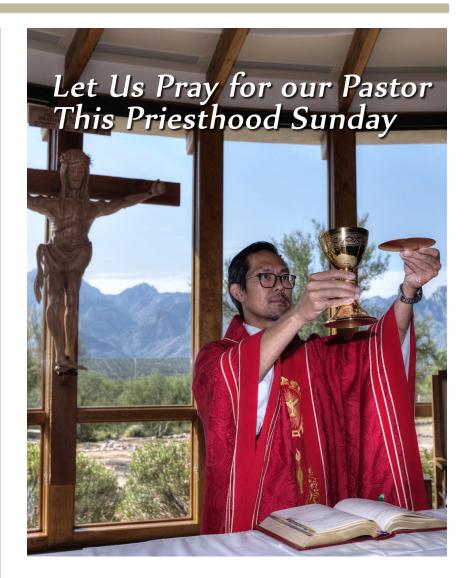
Sep 28-29, 2024

# Santa Catalina 14360 N DRAGLE RD, TUGSON 85739

14380 N DRAGLE RD, TUGSON 85739 Catholic Church

A REDEMPTORIST COMMUNITY



# Twenty Sixth Sunday in Ordinary Time

#### Parish Mission:

As members of God's Faith Community at Santa Catalina Catholic Parish, we commit our lives to being the voice, hands, and spirit of Christ, as our way of continuing God's call to love and peace.

#### Misión Parroquial:

Como miembros de la Comunidad de Fe de Dios en la Parroquia Católica Santa Catalina, comprometemos nuestras vidas a ser la voz, las manos y el espíritu de Cristo, como nuestra forma de continuar el llamado de Dios al amor y la paz.

#### **Pastoral Team**

Fr. Huy Vu, C.Ss.R Pastor frhuy@santacatalinaparish.org Redemptorist Renewal Center

Deacon Flavio Sanchez

Deacon Alfonso De LaRiva

# Parish Office

(520)-825-9611

Mon-Fri 9:00 am-3:30 pm

#### Mass Schedule

#### Daily Mass

Mon-Fri 8:00 am

#### Weekend Mass

Sat 4:00 pm (Vigil)

Sun 7:00 am 9:00 am 11:00 am (Bi-lingual) 5:00 pm

#### Reconciliation

Wed 8:45-10:00 am Sat 2:30-3:30 pm ... or by appointment

## Anointing

First Friday of the month at 8:00 am Mass ... or by appointment

## Adoration

In church, Wed 8:30-11:00 am Benediction at 10:45 am. Chapel hours, Mon-Fri 8:00 am-2:30 pm

## Rosary in the Church

Mon-Fri 7:30 am



Outreach

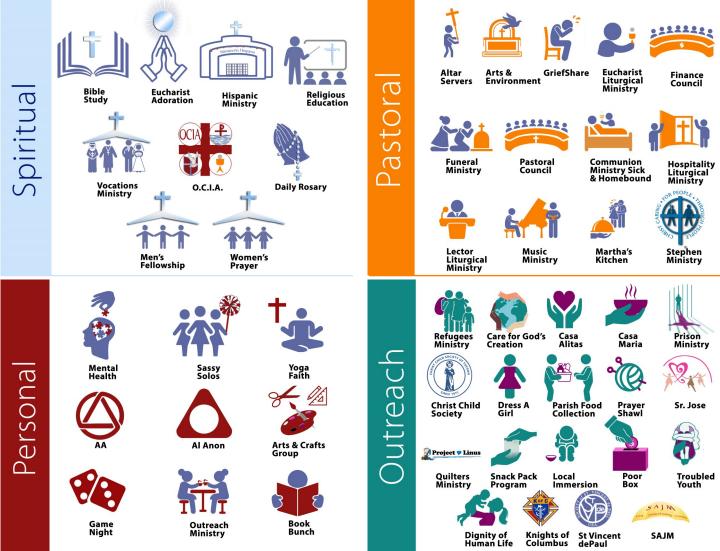
Personal

pastora/

## Parish Vision:

Together as a parish, we will strengthen our spiritual and personal lives so we can live out our mission as disciples. Led by the Redemptorist Charism, we will follow Christ the Redeemer, to build communities where all people can encounter the message of plentiful redemption, to serve the most abandoned, to minister to those in need and to be evangelized by them. Visión Parroquial: Juntos como parroquia, fortaleceremos nuestra vida espiritual y personal para que podamos vivir nuestra misión como discípulos. Guiados por el Carisma Redentorista, seguiremos a Cristo Redentor, para construir comunidades donde todas las personas puedan encontrar el mensaje de abundante redención, y servir a los más abandonados,

ministrar a los necesitados y ser evangelizados por ellos.





**Do you wear a hearing aid?** We have installed a Hearing Aid loop in the church. Switch hearing aid to T-coil.



**Report Abuse** If you or someone you know is a victim of abuse Contact law enforcement (911), call the Victim Assistance Program of the Diocese of Tucson (520-623-0344) or visit <u>https://</u>diocesetucson.org/reportabuse.

**Please Silence Your Cell Phone** ...at all times inside the Church. Thank you for understanding.

**Al-Anon & AA Meetings** Thursdays in the Marian Room, Al-Anon is 4-5:00 PM, contact Judy at 520-639-8650. AA is 7-8:30 PM, contact Art at 520- 825-5218.



# Meetings and Events This Week

Day	Time	Meeting/Event	Location
	10:00 AM	St Vincent de Paul	Marian Room
Mon, Sep 30	10:00 AM	Sacred Scripture Study	Mesquite, Ocotillo Rooms
	4:00 PM	Music Ministry/choir rehearsal	Church
	6:00 PM	Mental Health Focus - Monday Session	Saguaro Room
	9:30 AM	Yoga Faith - CANCELLED	Catalina Room
	5:30 PM	Music Ministry - Bilingual Choir	Church
Tues, Oct 1	6:00 PM	Grief Share class	Mesquite, Ocotillo Rooms
	6:00 PM	Men's Prayer Group	Marian Room
	6:00 PM	Women's Prayer Group	Saguaro Room
	8:30 AM	Eucharistic Adoration	Church
	8:45 AM	Reconciliation	Church
Wed, Oct 2	9:00 AM	Cultivando Mi Fe	Mesquite, Ocotillo Rooms
	10:00 AM	St Vincent de Paul	Marian Room
	1:00 PM	Understanding Sunday Scripture	Catalina Room
	4:30 PM	Faith Formation class K-8th	Parish Hall
	6:30 PM	R.C.I.A.	Mesquite Room
	9:00 AM	Fingerprinting	Parish Hall
	11:00 AM	Sassy Solos monthly meeting	Mesquite/Ocotillo Room
	1:00 PM	SAJM monthly meeting	Marian Room
Thurs, Oct 3	3:30 PM	Vocations Ministry monthly meeting	Conference Room
	4:00 PM	Al-Anon "High Hopes" Meeting	Marian Room
	6:30 PM	Sacred Scripture Study	Mesquite, Ocotillo Rooms
	7:00 PM	AA Meeting	Marian Room
	9:00 AM	Society of Our Lady of Guadalupe	Marian Room
Fri, Oct 4	9:00 AM	Pet Blessing	Patio
	9:00 AM	Friday Faith Fellowship - The Chosen	Catalina
	2:30 PM	Reconciliation	Church
Sat, Oct 5		Parish Food Drive	Church Portico
Seen Oat 6		Parish Food Drive	Church Portico
Sun, Oct 6	3:30 PM	R.C.I.A.	Conference Room

## Contacts

#### 520-825-9611

Pastor	Fr. Huy Vu, C.Ss.R.	x 101	frhuy@santacatalinaparish.org
Compliance	Donna Opsatnick		DOpsatnick@diocesetucson.org
Finance	Pia Smith	x 110	pcsmith@santacatalinaparish.org
Funeral Ministry	Madeline Rugama	x 104	mrugama@santacatalinaparish.org
Liturgy	Sophie Zvonar	x 105	szvonar@santacatalinaparish.org
Music Director	Rouzbeh Tebyanian	x 109	rtebyanian@santacatalinaparish.org
Office Admin.	Donna Opsatnick		Lobby@santacatalinaparish.org
<b>RE</b> Coordinator	Katharine Lopez	x 108	RE@santacatalinaparish.org
Bulletin	Leslie Fore / Christopher Auclair		bulletin@santacatalinaparish.org
Webmaster	Christopher Auclair		chris@thinking-cap.com

#### News

## Save The Date – Faith In Action

A ministry fair will be held November 2-3 after each mass in the Parish Hall. Stop by and learn about the work and activities our ministries are involved in. Consider sharing your talents and

time while getting to know each other and following in Jesus' footsteps to serve those in need. We look forward to seeing you.

## **Pray with Pope Francis Every Day**

Click to Pray is the Pope's prayer app which helps us pray for the challenges facing humanity and the mission of the Church.

It offers three brief moments of prayer each day which invite you

#### **Civility Webinar**



As we prepare for the upcoming election, the Fellowship for

Social Justice Ministry invites you to join a webinar on Civility and how to engage in helpful communication.

It will be presented via Zoom on

#### 40 Days of Life

You can protect mothers and children by joining this worldwide mobilization! Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has

to meet with Jesus and pray for

the intentions of the Holy Father.

You can also receive daily prayers sent to your e-mail. Go

to the app store on your phone and download the app today.

October 2nd at 7:00 PM. You can send an email to FellowshipforSJ@outlook.com or visit: <u>https://</u> milagrospadilla.wixsite.com/ fellowship4socjust/pastevents for more information.

inspired 1,000,000+ volunteers.

Vigil location: Outside Planned

Here's how to take part:

2255 N. Wyatt Dr., Tucson

Vigil hours: 6 am to 6 pm,

Parenthood,



Did You Know that the Lions Club takes used hearing aids?

accept used hearing aids. Just

you can drop off glasses. 🕆

drop them off at a location where

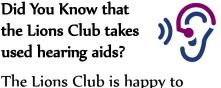




#### Monday - Saturday

Local contact: Laura Pedersen, 40DaysTucson@gmail.com

Learn more and get involved by visiting our campaign: 40daysforlife.com/Tucson む





# Personal

#### Don't Forget - September Mental Health Focus -"Mental Health and Aging"

Presented by Meira Year, RN, MA, MFT

How does aging affect your Mental Health? Why is my Mental Health getting worse as I age? The session will be held on Monday September 30 at 6 PM in the parish hall.  $\clubsuit$ 

#### Don't Forget the Sassy Solos Meeting

The Sassy Solos will meet on October 3 at 11 am in the Ocotillo Room. Our group encourages a social outlet for our

members. Our meetings are open

to single women who enjoy getting together for lunches, dinner, plays, local outings and events.

## Arts And Crafts Christmas Project

Our Arts and Crafts group is creating Christmas decorations for a local rehabilitation and care center that helps people needing life-time or short-term care; most of its clients are on AHCCCS. We can really use your help!

On Tuesday, October 8, we'll begin by making Christmas gnomes. If you'd like to help make some gnomes (and learn the steps involved in creating your own at home), please join us! You'll need to bring the following: scissors, white ladies' socks, ladies' Christmas socks (if you have them), a box or bag of rice, string, cotton balls, and green or red ribbon. We'll provide other decorative items.

## Come to the Book Bunch Meeting

...and bring a friend. The Book Bunch is back and will meet on October 10 at 1:00. They will be discussing *The Other Einstein* by Marie Benedict. From beloved New York Times and USA Today bestselling author Marie Benedict comes the story of a not-so-famous scientist who not only loved Albert Einstein, but also shaped the theories that brought him lasting renown. Start reading and join us for a great discussion.  $\clubsuit$ 

#### No YogaFaith Classes Oct 1, 8 and 15

YogaFaith will return on October 22nd from 9:30-10:30 in the Catalina room at the Parish Center. Our classes allow you to unwind, stretch, and relax. Please arrive 10 minutes early and come with a mat and dressed in comfortable clothes.

> On Tuesday, October 22, and November 12, we'll begin making the "gingerbread" houses and trees; more information on that soon!

You can support this project in other ways! Do you have a little Christmas tree, small ornaments, or battery powered tiny lights

to donate? Do you have an extra Christmas tree skirt? Could you make Christmas cookies or purchase some Christmas candies for the patients and staff to enjoy? If so, these would also be appreciated. Please drop these off at the parish office November 1 - 10.

We meet from 1:30-3:30 in the Cholla room.  $\mathbf{\hat{r}}$ 







# Pastoral

#### **Extraordinary Ministers of Holy Communion Training**

Santa Catalina Extraordinary Ministers of Holy Communion (EMHCs) take Communion to and pray with people who are homebound or in the hospital and other facilities. Four sessions of training will be offered at Santa Catalina, Tuesdays, October 22, 29 and November 5, 12, from 9:30 to 11:00 AM.

This training will equip participants with the skills necessary to serve in Santa Catalina's Parish's

#### Storms In Our Life

One of my favorite Gospel stories is about Jesus and the disciples in a boat on the Sea of Galilee. "A stormy wind arose, and waves drove into the boat. It was filling up. Jesus was in the stern where he had gone to sleep on a pillow. The disciples woke him and cried, 'Teacher! We are perishing! Don't you care?' Jesus got up and rebuked the wind and said to the sea, 'Peace, be still'. The wind stopped. There was complete calm."

Sometimes we are in our own boat peacefully traversing the sea of life when a raging storm suddenly arises - spiritual crisis, loss of a loved one, loneliness, illness, disability, divorce, broken relationships, job loss, and many other challenges. Like the disciples on the Sea of Galilee, we are overwhelmed. Wouldn't it be great if we could say "Peace, be still" and calm returns to our lives!

Communion Ministry with the Sick and Homebound. Please consider becoming an Extraordinary Minister of Holy Communion and serving in this ministry. It is a wonderful way to continue the work of Jesus! For further information and to register for training, please call the parish office.

Our loving Lord is always with us, calming the storm through our brothers and sisters. Stephen Ministers are caring Christians who want to make a difference in the lives of those who are hurting. They are compassionate, trustworthy, skilled, and full of faith - someone who will exercise strict confidentiality, who will not judge, who will listen and walk faithfully with you in a distinctively Christian, one-to-one caring relationship on your journey of healing.

If you or someone you know could benefit from Stephen Ministry, please contact the church office at 520-825-9611, or Judy Rossman at StephenMinistry@santacatalinaparish.org.

All information is held in strict confidentiality.

#### GriefShare Adds A Morning Session For Fall

Losing a loved one is very difficult. Griefshare can be of help. GriefShare is a Christian-based video program with excellent presenters, professional counselors and psychologists, as well as people who share their stories of how they cope with the loss of loved ones.

During thirteen sessions, participants view and discuss the video and related workbook materials.

There is a \$20 fee for the required GriefShare workbook. You may purchase it when you register at the first session. You may also register and purchase the book on-line at griefshare.org.

Two separate GriefShare groups are being offered as follows.

GRIEF

Tuesdays: 6:00 - 8:00 PM, September 10 through Dec 3, 2024

Fridays: 10:00 AM - 12:00 p.m., Oct 11, 2024 through January 17, 2025

No sessions on November 29 or December 27

GriefShare meets in the Mesquite and Ocotillo Rooms. Questions? Call the Parish Office. 🕆





## The Angel in the Marble

By Colleen Jurkiewicz Dorman

If you show up to the gates of heaven completely whole, I kind of doubt you'll be let inside.

I know that sounds pretty awful, because what kind of God doesn't want all of you, exactly as you are? "Be yourself," we tell our kids. "If someone expects you to change to be their friend, you don't want to be that person's friend."

And sure, all of that is true ... to an extent. But I think if we really analyze our closest friendships, we'll see that we *have* been changed by them. We aren't the same person we were on the day we met our best friend or before we fell in love with our spouse. The good relationships should always change us, form us. They should call us to some higher plateau on the mountain climb that is life. But to be nimble enough for the climb, there will be parts of ourselves that we have to jettison — preconceived notions, prejudices, selfish tendencies, habits that we cling to like a security blanket.

This is how we become who we are meant to be: by discerning what isn't helpful and good in our own nature, and letting it go.

"I saw the angel in the marble," Michelangelo once said of his artistic process, "and I carved until I set him free." Would it not be a terrible tragedy if we all remained shapeless hunks of marble, untouched by the chisels of experience and relationship, thinking ourselves perfect exactly as we are?

God looks at us and he sees the angel hidden in the marble, imprisoned there by the constraints of earthly life: original sin, the weakness of our flesh, the unceasing enticement of the evil one. He sees past what we need to excise, what we need to lop off, what we need to relinquish. He knows we are greatly attached to every part of ourselves, even those parts that lead us to sin.

He sees more than what is. He sees what can be.  $\$  LPi  $\$ 

# Family Booklet participation with the Arizona Rosary Celebration

Families are encouraged to help their children learn more about the Rosary and our Blessed Mother, Mary by using the Family Booklet found on the ARC website, <u>www.AzRosary.net</u>. This year's theme is *"Our Lady, Queen of Peace."* 

Parents can print the Family Booklet and have their children look through the booklet and complete some of the pages. All families and their children are invited to join the people of the Diocese of Tucson to pray the Holy Rosary before the Blessed Sacrament, participate in the Blessing Procession, enjoy music, and listen to the words of our guest speaker, Father Zachary of the Mother of God, a member of the Society of Our Lady of the Most Holy Trinity (SOLT).

For more information, contact Dave Chohon at <u>1945dwc@gmail.com</u> or 520-539-5528, or visit the website; <u>www.AzRosary.net</u>. ₽

## Participación del Folleto Familiar en la Celebración del Rosario de Arizona

Se alienta a las familias a ayudar a sus hijos para aprender más sobre el Rosario y nuestra Santísima Madre María utilizando el Folleto familiar que se encuentra en el sitio web de ARC, <u>www.AzRosary.net</u> El tema de este año es **"Nuestra Señora, Reina de la Paz".** 

Los padres pueden imprimir el Folleto de familia e invitar a sus hijos lo lean y completen algunas de las páginas. Todas las familias y sus hijos están cordialmente invitados a unirse a los files de la Diócesis de Tucson para rezar el Santo Rosario ante el Santísimo Sacramento, participar en la Procesión de Bendición, disfrutar de la música y escuchar las palabras de nuestro orador invitado, el Padre Zacarías de la Madre de Dios, miembro de la Sociedad de Nuestra Señora de la Santísima Trinidad (SOLT). Para obtener más información, comuníquese con Dave Chohon al <u>1945dwc@gmail.com</u> o al 520-539-5528, o visite el sitio web; <u>www.AzRosary.net</u>.



#### Gospel Reflection - 26<sup>th</sup> Sunday in Ordinary Time

Maggots, grubs, worms. When I imagine one or many of these nasty slimy buggers living inside my body — unseen, feeding off my flesh, slowly rotting me out — I feel deeply disgusted. If I knew I had a worm, I would do anything to remove the alien invader, and fast. But what if I couldn't ever get it out?

This is precisely the image Jesus uses to describe those who cause others to sin and fail to cut out

God with Gehenna, "where the worm does not die." If we can stomach it for a moment, there is much wisdom in this nauseating metaphor.

First, sin is always parasitic. It feeds on what is good like a worm in a host. It's not symbiotic or additive, as virtue and love always are. Sin invades, devours, and damages the

#### sinner. Second, sin is always social. No matter how hidden, it quietly eats away at others — usually the most poor and vulnerable, the "little ones," as the Lord says. How healthy it is for us to acknowledge this! Our gossiping, greed, over-indulgence, lying, pride, laziness, lust for power and reputation, and so on ... they do not add anything to life. They are worms eating away at others and ourselves.

We cut out these filthy parasites through genuine what leads them to sin. He contrasts the kingdom of repentance and bold action. Imagine the peace and

> 🚺 t that time, John said to Jesus, "Teacher, we saw someone driving out demons in your name, and we tried to prevent him because he does not follow us." Jesus replied, "Do not prevent him.."

relief that follows the removal of a sickening worm from your body. How much greater is the peace we enjoy when the spiritual worms are gone for good. We'd never wait to act against physical parasites. Neither should we with the worms of sin. — *Father John Muir* ©LPi 🕆

#### 26° Domingo del Tiempo Ordinario

Todos los que trabajamos en la viña del Señor no somos rivales, por el contrario, deberíamos de cooperar con recursos de todo tipo. Hacer el bien en la familia es lo máximo, hace crecer el amor entre sus miembros. Hacerlo en la sociedad acrecienta el progreso y el bien común: "Hacer el bien es un deber, es un carnet de identidad que nuestro Padre dio a todos. Todos estamos llamados a hacer el bien, incluso los no creyentes" (Papa Francisco). Evitemos a toda costa los diferentes tipos de pecado que nos alejan de Dios. La envidia, los celos, el coraje la avaricia y sobre todo lo atractivo, lo bonito, lo que tiene apariencia de bueno y solo nos aleja más y más de los planes de Dios en nuestra vida. ¿Cómo podemos evitar las

ocasiones de pecado? ¿Con qué frecuencia me acerco al Sacramento de la Reconciliación y de la Eucaristía? Al frecuentar estos Sacramentos puedo ser capaz de hablar de Jesús y sus enseñanzas.

Otra herramienta eficaz son los mandamientos que nunca pasan de moda, aunque los tengamos olvidados o pensemos que solo fueron aprendidos de memoria para hacer la Primera Comunión. El salmo de hoy, nos dice que los mandamientos alegran el corazón de quien los practica y que son ley perfecta que reconforta el alma. ¿Lo crees? Ponlo a prueba y veraz cómo tu vida cambia, para bien y para hacer el bien. Pidamos al Señor que nos preserve de la soberbia y del falso orgullo. ¡Amen! ©LPi 🕈

### This Week's Liturgy Schedule

Date	Mass	Celebrant	ention By	
Mon, Sep 30	8:00 AM	Fr. Charlie Wehrley	Christine Osterland Robert & I	Patricia Perry
Tue, Oct 1	8:00 AM	Fr. Huy Vu	Crystal GoldmanMarcia & JFor the Renault family (living)Florence R	
Wed, Oct 2	8:00 AM	Fr. Steve Rehrauer	Gordon WendlandtGan & PatBobbi Cawein (living)Florence R	-
Thu, Oct 3	8:00 AM	Fr. Huy Vu	Barbara Sterns Peggy Haw	/kinson
Fri, Oct 4	8:00 AM	Fr. Charlie Wehrley	For the Poor Souls in Purgatory	
Sat, Oct 5	4:00 PM	Fr. Charlie Wehrley	Opal Kilgore Drew & Sheli	ah Drewienkowski
	7:00 AM	Fr. Huy Vu	Scott Foss Tom & Do	nna Opsatnick
Sum Oat 6	9:00 AM	Fr. Huy Vu	Maria Manachi Mona Mar	nachi
Sun, Oct 6	11:00 AM	Fr. Huy Vu	Gerardo Perez Pineda Claudia Pe	rez Pineda
	5:00 PM	Fr. Charlie Wehrley	Robert & Marlene Bieber Tom & Do	nna Opsatnick

#### Readings for the week of September 29, 2024

Sunday:Nm 11:25-29/Ps 19:8, 10, 12-13, 14 (9a)/Jas 5:1-6/Mk 9:38-43, 45, 47-48Monday:Jb 1:6-22/Ps 17:1bcd, 2-3, 6-7/Lk 9:46-50Tuesday:Jb 3:1-3, 11-17, 20-23/Ps 88:2-3, 4-5, 6, 7-8/Lk 9:51-56Wednesday:Jb 9:1-12, 14-16/Ps 88:10bc-11, 12-13, 14-15/Mt 18:1-5, 10Thursday:Jb 19:21-27/Ps 27:7-8a, 8b-9abc, 13-14/Lk 10:1-12Friday:Jb 38:1, 12-21; 40:3-5/Ps 139:1-3, 7-8, 9-10, 13-14ab/Lk 10:13-16Saturday:Jb 42:1-3, 5-6, 12-17/Ps 119:66, 71, 75, 91, 125, 130/Lk 10:17-24Next Sunday:Gn 2:18-24/Ps 128:1-2, 3, 4-5, 6 (see 5)/Heb 2:9-11/Mk 10:2-16 or 10:2-12

#### Today's Readings (26th Sunday in Ordinary Time )

#### First Reading:

"Are you jealous for my sake? Would that all the people of the Lord were prophets!" (Nm 11:29)

#### Second Reading:

Come now, you rich, weep and wail over your impending miseries. Your wealth has rotted away. (Jas 5:1-2) Gospel:

"There is no one who performs a mighty deed in my name who can at the same time speak ill of me. For whoever is not against us is for us." (Mk 9:39-40)

**Psalm:** The precepts of the Lord give joy to the heart. (Ps 19)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. ©LPi





#### Please Pray For Our Parishioners Who Are Ill or Deceased

Mario Calbone	Robert Perry	Bob Baker	Linda Howard	
Mimi Cuono	Walter Henrich	June Sienkiewicz	Robert Shelby	
David W. Maloney	Phyllis Henrich	Alan Varalli	Anne Metelski	Tom Burns
Albert Diaz	Mark Cowie	Geri Goralski	Diane Clark	Jim Ford
Steven Venizo	Anita Garcia	Jacqueline McCarthy	Nicole Vallinoto	James F. Leising 🕆
Cliff Bentz	Welsh family	Lucy Sanchez	Robert Poleski	Leonard Meyer 🕆

#### New Bible Study starting in October

For 6 Thursday mornings this Fall, from Oct. 17 to Nov. 21, Sr. Karen Berry, OSF, will again offer a series of classes from 10:00 to 11:30 AM in the Saguaro room.

This series will continue the Scripture study we did last Fall. This time the focus will be on the Old Testament. Topics by the week will be the following:

- Oct. 17 Understanding the Pentateuch: Genesis, Exodus, Leviticus, Numbers, Deuteronomy
- Oct. 24 Understanding the Historical Books of the Old Testament

#### The Traveling Vocations Cross Program

The Traveling Vocations Cross runs from September 2024--May 2025. This is a weekly program to pray for Catholic vocations. We ask participating parishioners to attend either the 4 PM Mass or the 5 PM Mass. The priest will call the week's participant to the Altar at the end of Mass to receive the Traveling Vocations Cross. Participants pray for vocations and return the Cross the following weekend before the appropriate Mass.

Members of the Vocations Ministry will be outside 10

- Oct. 31 Further exploration of Kings and Conquests
- Nov. 7 Understanding the Prophetic Books of the Old Testament
- Nov. 14 Further Study of Prophetic Literature
- Nov. 21 Understanding the Wisdom Literature of the Old Testament (Psalms, Proverbs, Job, Sirach, Ecclesiastes, Wisdom, Song of Songs)

A fee for the 6-week series will be \$5.00 for materials, which can be paid at the first class. It is not necessary to have attended last Fall's classes in order to take part in this series. Please bring your Bible to class and please call the parish office to register so adequate materials can be prepared for the group.  $\mathbf{\hat{T}}$ 



after the above designated Masses to sign up weekly participants. Please pray to promote Catholic vocations. 🕆

#### Stewardship

Weekend Sep 14-15	Totals	Attendance
Offertory	\$24,927	
Major Maintenance	\$2,625	925
Total	\$27,552	
Last Year's Offertory	\$19,838	875
Parish Rectory	\$650	

### God Bless Our Priests - Priesthood Sunday

Please join the Vocations Ministry today, Priesthood Sunday, in praying for our priests, praising God for their courage, service, and generosity. Also, please take a moment this week to make an offering of prayer for our pastor Fr. Huy Vu, C.Ss.R. and all the Redemptorist priests serving Santa Catalina Parish. 🕏

## Do You Want To Be Happier?

Here are a few healthy habits to consider that might bring you more joy into your life and peace to your heart.

#### Practice Random Acts of Kindness

Take a moment to do nice things for others throughout your day. Being kind to other people brings on a cascade of positive results. It makes you feel generous and capable, leads you to feel grateful about your own situation, and gives you a greater interconnectedness with the world.

#### Nurture Your Relationships

When it comes to your happiness level, personal relationships have a bigger impact than money, a job title or even your health.

Spending more time with your partner, spouse, kids, or reconnecting with old friends, are sure-fire ways to increase your own and other's levels of joy. This week, pick a relationship in need of strengthening, and invest time and energy in healing, cultivating, affirming, and enjoying it.

#### Express Gratitude

Counting your blessings is a great way to take stock of positive things in your life. One way to do this is by taking time during the week to consider the three or five things for which you are currently grateful. Expressing gratitude will encourage you to continue for rest of the day or week.

#### Celebrate Good News

Sharing success and

accomplishments with others has also been linked to elevated joy and well-being. Passing on and rejoicing in good news leads you to relish and soak up the present moment, as well as foster connections with others.

#### Go With the Flow

Become absorbed in what you do. When you are so fully engaged in what you are doing that you don't notice the passage of time, you are in a state called the "flow" which is associated with joy. Try to increase the number of experiences in your life in which you "lose yourself" – experiences that are challenging and absorbing.

Excerpts From an article by Andrea Kane from CNN. *"Do Want To Be Happier?" (July 21, 2024)*.

## Join Us in Praying the Rosary After the 11:00 AM Mass Each Sunday in October

October is dedicated to the Holy Rosary, one of the best known Catholic traditions.

The feast of Our Lady of the Rosary is celebrated October 7 and the feast of the guardian Angels is also celebrated in October. The best way to celebrate the month is by praying the Rosary. The ladies of the Society of Our Lady of Guadalupe invite all our parishioners to join us during October in praying the rosary.



We will gather after the 11am mass every Sunday in October, starting Sunday Oct.6 in the Parish Hall. We will pray for all our intentions and those of the Holy Father Pope Francis.  $rac{1}{2}$ 

## Don't Forget - Blessing of the Pets - October 4th



Outreach

Don't Forget to bring your pets for the Blessing of the Pets, this Friday, October 4 at 9am on the church patio.

Each pet will receive a blessed St. Francis medal. Looking forward to seeing everyone. P



## Layette of Love Collection October 26<sup>th</sup> and 27<sup>th</sup> at all Masses



Christ Child Society of Tucson's Layettes of Love program aids Tucson's new mothers in need of support and serves over 450 women a year. More details to follow. 🕆



#### Sr. Jose Has Changed Its Donation Process - For A Good Reason - Facility Expansion Project

After careful consideration, we have determined that our resources can be more effectively utilized by focusing on providing additional bed space and ensuring a safe, supportive environment for our guests. Therefore, we will halt the acceptance of used clothing donations and home goods effective immediately.

Through our wonderful partnership with Bringing Out the Best (5320 E. Speedway Blvd), they will be accepting donations on our behalf on Tuesday, Thursday, and Friday from 11am -3pm. This change will allow us to provide an overnight space for an additional 12 women. Thank you for your continued support for women who are unhoused.

#### Monthly Food Drive: October 5-6<sup>th</sup>

Please bring non-perishables items and leave them on the carts outside the church doors.

Most needed items include: peanut butter, rice and pasta, canned stews and soups, canned meat and 12

Changes to donation process for Sr. Jose - Donations We Accept: New, seasonal clothing (with tags), pet food and supplies, gently used 2

rolling luggage, blankets, backpacks, gently used walking shoes and bras, new underwear and socks, toiletries (toothpaste, shampoo, deodorant, etc.), feminine hygiene products, and adult incontinence products.

Please drop off donations at the front desk at 1050 S Park Avenue. Park in any open space when you arrive. New donation hours: Wed, Thu, Sat, 12pm-3:30pm. **<sup>+</sup>** 

fish, juice boxes, and lunch snacks. All food donations go to Casa Maria, Impact of Southern AZ, and the TriCommunity Food Bank. These organizations are very grateful for your assistance.



# Outreach

## Dress a Girl Around the World

Our first meeting of Dress a Girl Around the World will be on Wednesday Oct. 9th at 10 am in the parish hall. Our ministry sews dresses for girls in sizes 2 to 14. The dresses are then delivered to girls in need to various countries throughout the world such as Africa, Haiti, Vietnam, India, Mexico, Puerto Rico and Honduras. Our mission is to provide at least one nice dress to girls in need. We hope to give them dignity and happiness. Dress a Girl Around the World is under "Hope 4 Women International". Our ministry started in the fall of 2015. We meet from Oct. through May on the second Wednesday of the month at 10 am. We provide an instruction book and fabric with

further instructions of how to sew these simple dresses. The ladies do the sewing at home but meet to turn in the dresses and pick up supplies and ideas.

We would love to have you join us, so please consider joining us at our first meeting to see if it is something you would like to do. If you aren't a sewer but would like to help, we also are happy to receive monetary donations to help us buy our fabric and supplies.

If you have any questions, please call the parish office for further details.  $rac{1}{2}$ 

## Would like to find out how you can help the homeless in Tucson?

Join the next Local Immersion Tour on October 24th and 29th from 8:00 - 11:30 am.

The tours leave from the church parking lot and take a small group to Casa Maria Catholic Workers Community which provides meals and clothing for those in need, and Sister Jose Women's Center which provides meals, clothing, shelter, and counseling for homeless women.

If you are interested in a tour, send an email to reserve your spot to <u>sajm@santacatalinaparish.org</u>. ✤

#### Who Receives the Contributions to the Poor Box?

Every quarter, the Social Awareness and Justice Ministry (SAJM) recommends local organizations that serve the poor to receive \$500 each from the "Poor Box" funds. Fr. Huy approves the recipients. Thank you for your generous donations. One of our most recent recipients:

#### 1 Am You 360

1 Am You 360 is an award-winning, innovative organization. Desiree Cook's lived experience inspired her to revolutionize a movement called "1 *Am* Somebody". The state of Arizona is home to 20,000 vulnerable youth. Through self-awareness, self-development, and the development of life skills, they can say "I *Am* Somebody".

"I Am You 360," believes in empowering the whole person by providing personalized and customized hygiene according to age, gender, and ethnicity, a 10-week self-development curriculum, life development, safe housing, and home ownership.

1 Am You 360 has served over 3,000 youth and families with their programs and services within Pima County, Pascua Yaqui Tribe, Tohona O'odham Tribe, and Maricopa County. 计







Outreach

#### Santa Catalina Saint Vincent de Paul's Annual Jim Click Raffle



Saint Vincent de Paul will once again be selling tickets during the month of conference to do God's work October.

This key fundraiser helps us provide crucial help to our local friends-in-

need. This year, First Prize is a brand new 2024 Jeep Rubicon 4xe Plug-in Hybrid, Second Place prize is two first class airline tickets to anywhere in the world and Third Place is \$5000 cash. But, as always, the REAL prize is that all proceeds go

directly to our own SVDP for the neediest among us.

Santa Catalina Church has always answered the call.

Tickets are \$25 each or 5 for \$100. Tickets will be available outside every Mass and in the Church Office beginning October 1<sup>st</sup> and throughout the month of October. 🕆

